



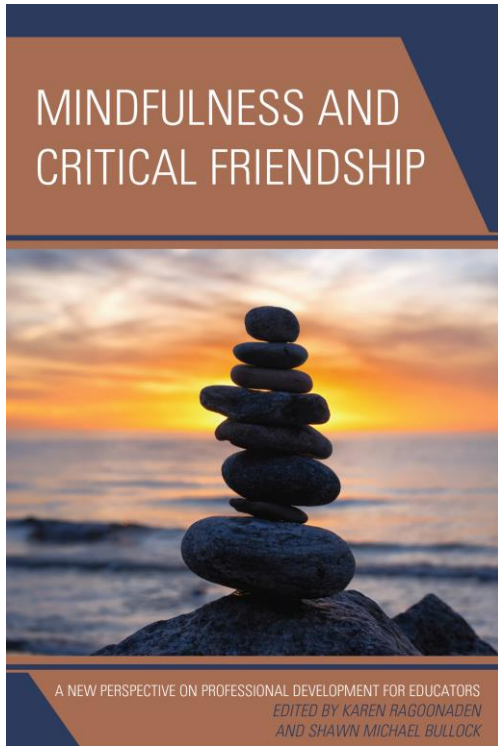
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MINDFULNESS AND CRITICAL FRIENDSHIP:

A NEW PERSPECTIVE ON PROFESSIONAL DEVELOPMENT FOR EDUCATORS

EDITED BY KAREN RAGOONADEN AND SHAWN MICHAEL BULLOCK



“Teaching is a relational activity in which educators are most effective when they are mindful of their identities, the needs of students, and the dynamics of classroom learning. *Mindfulness and Critical Friendship* is an informative and practical collection that conveys the power of mindfulness, self-study, and critical friendship as relational approaches to professional development. These stories will guide my professional development as I reflect and prepare for the coming year, and will continue to inspire me as I strive to be more mindful and relational alongside my students and colleagues.” — Julian Kitchen, Brock University

ABOUT THE BOOK:

Mindfulness and Critical Friendship: A New Perspective on Professional Development for Educators assembles an international community of scholar-practitioners from multiple disciplines who utilize different methodologies and ideological perspectives to reflect on and interrogate contexts that situate mindfulness and critical friendship as constructs which support professional development for educators. Mindfulness and critical friendship connect critically and creatively like-minded colleagues and enable the facilitation and promotion of transformative pedagogy and practice. Supported by a robust set of evidence-based research, the contributors to this collection consider the ways in which educators can develop habits of mind and courses of action which will support them as they cultivate their ability to thrive and cope with the modern demands of their personal and professional lives. This edited collection is recommended for educators of all disciplines and for scholars of education, social science, and psychology.

ABOUT THE AUTHOR:

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